worshipped the spirits of their ancestors. Mountains, sacred trees, sacred stones and the door are objects of worship. Unlike the Chinese, Flowery Miao have neither temples, shrines nor idols. 771 [346]

The tree cult, ultimately connected with the fertility of the land and the fecundity of the cattle, is extremely elaborate. Each village reverences some local tree (or stone) and should this stand on a higher elevation than the houses which it can, as it were, overlook, it is particularly efficacious. Such a tree is the village guardian. To strip the bark from it or even to break a twig would be sacrilege. 774

No religious ceremony is of more importance than the worship of the door. So highly is the ceremony esteemed that children are never allowed to touch a door to which a sacrifice has been offered. The ceremony itself recalls some features of the Passover Feast. A sorcerer may determine a propitious day for the sacrifice, but he is never permitted to attend the ceremony. The head of the household acts as priest; no mention of the rite is made to neighbours and only members of the family are allowed to be present. 796 782

This is the usual procedure. Towards the close of day, the very dirty house is swept clean. At dusk, the door is closed, after which, until daylight on the following morning, no one may enter or depart. A young female pig is held close to the door; its throat cut, and the blood drained into a hole under the jamb on which the door is hung. The bristles and blood, and the [356]

[157 cont.]

342 where the ancestral altar is located. On either side of this hall of
353 honor are located the kitchen and the rooms in which the members of the household sleep.

The various compartments are separated by simple partitions of mud, planks, or crushed bamboo.

The hall of honor usually contains a large cot bed where the
352 visitors sleep. In normal times this room is very cluttered. The
513 agricultural implements are heaped up here and the packsaddles and the harness. Here are stored the harvested crops in big baskets standing on the ground or resting on horizontal logs. Here one usually finds a table, some benches, and some chests.

The bedchambers are provided with cot beds of wood and chests in which the jewelry and clothing are stored. Well-to-do people have, in addition, matting, blankets, and even pillows.

In the center of the kitchen the cookstove is located. It con-
354 sists of a raised area formed of pisé or of large stones. There is neither chimney nor fire screen. The smoke spreads freely throughout the room and throughout the house and escapes through the holes between the top of the walls and the roof. The cookstove sometimes is replaced or supplemented by a large iron tripod. The kitchen
415 utensils most frequently are restricted to large iron pans in the shape of a spherical skullcap, of which we have spoken in connection with the preceding groups, whose size varies according to the wealth of the owner and the number of guests whom he may be able to receive. These pots, placed in position on the cookstove or the tripod, serve alike in the preparation of meals for people or food for animals. The table utensils consist of wooden or copper plates, bowls, teacups and saucers of Chinese porcelain, and wooden spoons. The "Méo" use, in addition, earthenware jars and wooden buckets.

The "Méo" cabins can hardly be said to shine with cleanliness.
356 Dust and dirt accumulate on all of the objects, which are almost never [158] cleaned, even the table utensils. Furthermore, should a European, whom circumstances have brought to lodge in a "Méo" cabin, undertake a serious cleaning, it would greatly astound the members of the household.

231 The domestic animals (pigs, goats, buffaloes, steers) are
343 stabled in a structure separated from the house, enclosed by large

131 idea of covering them or closing up the gable where glacial air poured
342, in.
132 In the rear of the cabin is found a little corridor which separates
342 it from the earthen wall hewn into the mountain. The front is provided with a narrow veranda where horses are stabled in stalls enclosed by round logs.

342 The interior of the house, which rests directly on packed
• 356 earth, is usually divided into three compartments. In the first is the
352 kitchen where the women habitually work. The cooking-ranges are of clay and are very large. They serve not only for cooking food for the family, but also to prepare the vegetable pastes which make up food for the farmyard animals. The household implements and the various agricultural tools are likewise kept in this room.

The one in the middle is the reception room, where the men gather after work around a great fire lighted in the middle of the room in a square bed of clay. Above this hearth is suspended a bamboo framework on which crops are placed to dry.

The third room contains sleeping compartments, simply small booths, separated from one another by partitions of bamboo or planks. Their sole furniture is a cot. The interior appearance of these dark holes is not at all tempting. In the greatest disorder one may see padded quilts losing their cotton through numerous rips and other belongings of questionable cleanliness.

343 /134/ In front of the house, the pig sty, very well cared . . ., for, is suspended above the slope by oaken beams and planks. Next to it, also hung above the void, is located a little shed which serves as a storage place for rice and maize.

352 The house is not without furniture like the Tho cabins. There
241 are tables, benches, cots of wood, all kinds of household utensils or tools, and even musical instruments. All around the Meo plant fruit trees and cultivate beds of vegetables here and there.

342 The type of dwelling which we have just described has nothing
352 which cannot be changed. Poor people and newly weds who are still getting settled simply build a thatched cottage whose sidewalls are made of corn stalks not too tightly joined together, whose spaces freely permit passage of the winter's cold north wind. When evening comes they simply throw a few armfuls of corn stalks into a corner and pass the night on this thinly padded couch.

39: Bernatzik--310 E-5 (1936-1937) 1947 AO1 Thailand
Miao AE5

Chapter 11

Medicine

515 [364] Hygienic conditions in the Meau villages are very unsatisfactory. The children in particular are literally encrusted with dirt. Even the adults seldom wash themselves. To do so they take some water in the hollow of the hand and put a little over the face or wipe the face with a damp piece of clothing. Since, however, articles of clothing, too, are rarely washed, this procedure is quite ineffective.

Cleaning the body or clothing with anything but water is [296] unknown; neither sand nor fat, oil, smoke, or fire is used. Marabail (1), too, states that the Meau are dirty and that their

1. Pages 463 and 451.

clothing stinks, because they never wash. He accounts for this by [312] saying that water is scarce, but this certainly is not true for Farther India!

People are sometimes covered with crusts of dirt into which perspiration cuts light streaks. Flies and other insects 364 hatch out their eggs in the rubbish heaps. The relatively good 164 health of the people stands in peculiar contrast to this. Child [165] mortality is very high, but it is offset by the high fertility. Anyone who in childhood was able to survive the many epidemics and sicknesses that befall the little ones shows considerable resistance to sickness as an adult.

364 The houses of the Meau are swept, to be sure, but the [356] refuse is thrown beside the dwelling. Pigs and dogs search for [514] their food in the rubbish heaps. /230/ There are no toilets (see [231] the chapter, "Settlement and House Construction"). The feces of the animals defile the dwellings and village squares and, during the dry season, often form a whole layer which is washed away only by the downpours of the rainy season. Since the Meau [361] villages are built on slopes, the violent showers take care of this needed cleaning very thoroughly. After tropical thunderstorms masses of water stream between the houses, which are protected by ditches, and wash away all the refuse.

/230 cont./

364 Most authors who had an opportunity to visit the Meau in their villages stress this lack of hygiene. Lajonquière (1), for instance,

1. II, 306.

also describes the condition of the area between the dwellings and the stables: "The ground has become bottomless from the treading of the domestic animals. Filth accumulates and mixes with the earth, sometimes to a depth of 80 centimeters or a meter. In order to enter the house of the Meau chief in the region of Pakha... one of the wealthiest in the area, one had to cross a sea of filth seven to eight meters wide completely surrounding it. There were not only feces of the animals, but waste water from the kitchen and refuse of all kinds were thrown even directly in front of the door. The tree trunks in the midst of it did not permit one to cross this seat of infection without danger of slipping." The same author (2) also emphasizes the

[264]

2. Page 304.

nauseating dirt which clings to all the eating utensils and kitchen implements. Abadie (3) in similar words confirms the conditions

3. Page 157.

in the villages described by Lajonquière.

Savina (4), too, discusses these conditions: "All their lives

4. II, p. 205.

[609] they drink fresh water and breathe clean air. Whenever a
[356] stranger comes, the house is swept clean. All the children go
[291] naked. When they become ill, they are smeared with mud. The
[757] lack of hygiene takes its toll in many sicknesses: rheumatism,
[164] bronchitis, fever, abcesses, mange, and herpes."

/268 cont./ If needed,

342 sleeping rooms, too, are often built on. The basic form of the houses and the roofs is always the same, however. A pigsty [573] and a chicken coop also belong to each house, whereas cattle [417] are usually kept by only a few families. [231]

356 Cleanliness is a relative idea. In comparison with the scrupulously clean houses of the Lao, the dwellings of the Meau certainly leave much to be desired. At many houses the refuse lies in front of the door for days before it is removed. In other places one sees the women busy at sweeping the house and washing the dishes regularly. Even on important festive days the appearance of the house and yard does not change much. One recognizes by the old rotten trash covered with soot and dirt until it is beyond recognition, which often fills up the houses, that the Meau women /269/ feel no need to create order. To be sure, each move of the village provides an opportunity for 364 it, and this must suffice. There are no toilets. Places outside the village are sought at random and are well known by the dogs and pigs, since they devour all the excrement with amazing thoroughness and thus perform valuable sanitary service.

342 The ground plan, sketch, cross-section, and drawing of the framework of the chief's house (Figs. 63, 64, 65, and 66) and of the dwelling house (Figs. 67, 68, 69 and 70) with their respective legends indicate the size, construction, and shape of the dwellings without anything more, so I have only a little to add.

[Figures appear on pp 371-377,
Text continues on p 378]